

Sweets

Erik’s Carrot Cake 630 cal
Our famous carrot cake is made from Grammie’s time-tested family recipe filled with carrots and pineapples, topped with sprinkled walnuts on a lightly sweetened cream cheese frosting

Sandy’s Amazing Chocolate Chunk Manifesto® Cookie
390 cal
Chunks of sustainable chocolates grown in the Peruvian Andes and pretzel bits in every bite

Salted Caramel Manifesto® Cookie 350 cal
Toffee, white chocolate chunks, pretzel bits and sea salt topped with pretzel salt and golden demerara sugar

Chewy Marshmallow Manifesto® Bar **G** 250 cal
Homemade mini-marshmallows with gluten-free, crispy rice puffs, brown butter and a hint of sea salt

Peruvian Chocolate Manifesto® Brownie 350 cal
Rich, dense chocolate brownie with sustainably-sourced Peruvian chocolate

Kid’s Meals

For kiddos 12 and under. Comes with a bag of chips

Charlie Cheesepocket 300 cal
Melted Monterey jack and cheddar cheese served in a half wheat pocket

Annie Ankle Biter 350 cal
Half of a peanut butter and strawberry preserves sandwich on hearty 9-grain bread

Tommy Turkey 170 cal
Half of a turkey breast sandwich with lettuce and Erik’s Secret Goo on hearty 9-grain bread

Drinks & Chips

See individual containers for calories. Or don’t. Live a little

Sioux City Sarsaparilla

Boylan Bottling Co. Cane Sugar Sodas

Arizona Arnold Palmer Iced Tea

San Pellegrino
Aranciata Rossa or Limonata

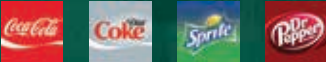
Martinelli’s Apple Juice
Still or Sparkling



Sparkling Water

Bottled Water

Fountain Drink
Free refills when dining in.



Chips
Choose from Lay’s, Miss Vickie’s and Dirty Chips. See bag for calorie content



Erik and Ray Johnson, 1988

Aptos
831.688.5656

Campbell
408.371.8282

Capitola
831.475.4646

Dublin
925.829.1414

Folsom
916.510.2200

Foster City
Coming soon

Fremont
510.490.7799

Gilroy – Outlets
408.847.5252

Hayward
510.876.5555

Los Gatos
408.395.6363

Milpitas
408.262.7878

Here’s to 50 Years of Character!

We’ve come a long way since first opening in Scotts Valley on September 17, 1973. Throughout the changing decades, we’ve maintained our character – “groovy” greens, “rad” soups, “fly” sandwiches and “OMG” goo.

Above all, we remain committed to our guests and our pledge to provide a warm and inviting atmosphere and quality food, served fast with friendly service.



Morgan Hill – Cochrane Road
408.776.0303

Morgan Hill – Vineyard Town Center
408.778.5151

Mountain View – Charleston Road
650.962.1212

Mountain View – Grant Road
650.962.9191

Redwood City
650.364.1717

Roseville
916.782.5566

Salinas
831.449.7272

San Jose – Branham Square
408.265.1818

San Jose – Downtown
408.998.2323

San Jose – Orchard Town Center
408.365.1515

San Jose – The Plant
408.280.0404

San Ramon
925.314.0909

Santa Clara – Kiely Boulevard
408.246.1010

Santa Cruz – Soquel Drive
831.462.1919

Scotts Valley
831.438.4646

Seaside
831.393.1818

Watsonville
831.724.7575

All DeliCafés are independently owned and operated

Partners



Turkey breast from our friends at Jennie-O



Natural chicken from our friends at Foster Farms



Quality ham from our friends at Smithfield

Allergies Should you or any member of your party have any allergies, please notify a team member. Many of our products contain or may come into contact with common allergens, including wheat, peanuts, soy, tree nuts, eggs, fish and shellfish.

Gluten Free **G** Any sandwich can be made with gluten-free, whole grain bread and is free of charge. In consuming Erik’s gluten-free products, please be aware that there may be a chance of cross contamination.

Nutritional & Dietary Info 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Please see our nutritional brochure, available at any Erik’s locations, or visit www.EriksDeliCafe.com for complete nutritional information.

HOME OFFICE

1550 The Alameda, Suite 330, San Jose, CA 95126
831.458.1818 • EriksDeliCafe.com

Major credit cards accepted
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Seasoned Citizens® 10% discount offered to our guests 62 and older.

Printed on paper sourced in an environmentally-friendly manner.

50 years of rad food



order.EriksDeliCafe.com

Fast, Fresh, & Delicious!®



Sandwiches *With Character*[®]

Classic

Pilgrim’s Progress[®] 550 cal
Slices of turkey breast and avocado on hearty 9-grain wheat with onions, tomato, clover sprouts and Erik’s Secret Goo[®]

R.E.O. Speedwagon 690 cal
Hickory smoked ham, turkey breast and Monterey jack cheese with onions, tomato, clover sprouts and Secret Goo on sliced sourdough

Dub Club 890 cal
Slices of hickory smoked ham, turkey breast, and bacon, with cheddar cheese, avocado, onions, tomato, clover sprouts and Secret Goo on sliced sourdough

Turkey with Pesto 760 cal
Turkey breast topped with avocado, Monterey jack cheese, pesto dressing, onions, tomato, and clover sprouts on hearty 9-grain wheat

Rio Grande Club 960 cal
Turkey breast, hickory smoked bacon, pepper jack cheese, avocado, tomato, lettuce and Secret Goo on a ciabatta roll

Pot Belly 670 cal
Deluxe pastrami, turkey breast, Monterey jack cheese, onions, tomato, clover sprouts and Secret Goo on sliced sourdough

Ciao Down 990 cal
Traditional salami, turkey breast, Swiss, hot cherry peppers, onions, tomato, clover sprouts and Erik’s basil pesto on a Dutch crunch roll

Sweet Liberty 730 cal
Turkey breast, Swiss cheese, red bell pepper, onions, tomato, clover sprouts and Erik’s sweet hot mustard on hearty 9-grain wheat

Veggie

Farmer’s Market 470 cal
A garden sandwich on 9-grain wheat piled high with avocado, mushrooms, red bell peppers, grated carrots, sliced pickles, sunflower seeds, lettuce, onions, tomato, clover sprouts, and sweet hot mustard

Del Monte Special 660 cal
Hearty 9-grain wheat with avocado, Monterey jack cheese, onions, tomato, clover sprouts and Secret Goo

Natural High 1050 cal
A warm sandwich with a wheat pita stuffed with Monterey jack and cheddar cheese, avocado, mushrooms, sunflower seeds, onions, tomato, clover sprouts and Secret Goo

Isle of Capri 740 cal
Fresh mozzarella, sliced tomato, onions, clover sprouts and Erik’s basil pesto on sliced sourdough

Half sandwiches available. Wraps excluded.

Warm

Cali Clasico 1080 cal
Sliced turkey breast, hickory smoked bacon, avocado, mozzarella, artichoke pesto aioli, lettuce, tomato and red onion on a Dutch crunch roll

Chicken Pesto 550 cal
Grilled chicken breast, pepper jack cheese, onions, tomato, clover sprouts and Erik’s basil pesto on an onion roll

Abbott’s Habit 600 cal
USDA Choice Seasoned Roast Beef, Swiss cheese, mushrooms, onions, tomato, clover sprouts and Secret Goo on a French roll

Sea Dog 800 cal
A generous serving of fresh tuna salad with cheddar cheese, avocado, tomato, onions, and Secret Goo on sliced sourdough

Raging Bull 580 cal
USDA Choice Seasoned Roast Beef with pepper jack cheese, mild green peppers, onions, tomato, clover sprouts and Secret Goo on an onion roll

Chicken Durango 920 cal
Grilled chicken breast, hickory smoked bacon, cheddar cheese, onions, tomato, clover sprouts and tangy ranch dressing on a ciabatta roll

Erik’s Reuben 670 cal
Deluxe pastrami, Swiss cheese, sauerkraut, Erik’s Thousand Island dressing on swirl rye bread

Erik “Berger” 560 cal
Hickory smoked ham piled high with Monterey jack cheese, onions, tomato, clover sprouts and Secret Goo on an onion roll

Soup’s On![®]

Veggie Cup • Bowl • Pot • Sourdough Bowl

Butternut Squash **G** 190 cal – 900 cal
Roasted squash and herbs pureed into creamy richness

Tomato Basil Bisque **G** 140 cal – 840 cal
Rich tomato and fresh basil flavors

Vegetarian Vegetable **G** 40 cal – 710 cal
Crisp fresh vegetables in a savory broth

Special Kettle Cup • Bowl • Pot • Sourdough Bowl

Chicken Vegetable Rice 80 cal – 760 cal
Fresh roasted chicken, brown rice, and potatoes in a savory broth of vegetables and herbs

New England Clam Chowder 200 cal – 920 cal
Classic East Coast style with tasty clams

“Texas Jailhouse” Chili[®] **G** 220 cal – 940 cal
Hearty chili with chopped red onions and cheddar cheese



Groovy Greens

Chicken Gorgonzola 550 cal*
Grilled chicken breast over Arcadian lettuce topped with sharp Gorgonzola cheese, Craisins[®], honey maple walnuts with blueberry pomegranate vinaigrette

Baja Fiesta 430 cal*
Grilled chicken breast over romaine, baja bean salad, cheddar, avocado, red bell pepper, tomato, tortilla strips with Jalapeño Ranch dressing

Mandarin Tree 280 cal*
Grilled chicken breast over romaine, red bell pepper, Mandarin oranges, crisp cucumber, topped with wonton strips and sesame dressing

Cleopatra Wrap 1240 cal
Chicken breast, crisp fresh romaine, avocado, tomato, Asiago cheese, and croutons with Caesar dressing in a wheat wrap

Caesar • Reg or Lrg 410 – 470 cal
Fresh romaine lettuce tossed with Asiago cheese, croutons, and Caesar dressing

House • Reg or Lrg 100 - 190 cal*

*Calorie counts for salads does not include 2 oz. dressing

Dressings (2 oz.)	
Balsamic Vinaigrette G 110 cal	Jalapeño Ranch G 200 cal
Bleu Cheese G 150 cal	Sesame 230 cal
Caesar G 250 cal	Ranch G 200 cal
Blueberry Pomegranate Vinaigrette G 230 cal	

Deli Salads

Pasta Salad • Reg or Lrg 510 – 1020 cal

Potato Salad **G** • Reg or Lrg 280 – 570 cal

Macaroni Salad • Reg or Lrg 670 – 1330 cal

Combos *With Character*

Square Meal
#1 - Add a cup of veggie soup or regular deli salad to any whole sandwich
#2 - Add a cup of special kettle soup to any whole sandwich

Half Sandwich Combo
#1 - Half sandwich with a bowl of veggie soup or house salad
#2 - Half sandwich with a bowl of special kettle soup or large deli salad

Light & Tasty
A cup of soup and a regular house salad

Sourdough Soup Bowl
Soup in a crunchy bread bowl and a side house salad

Chips & Drink Deal
Add a bag of chips and a fountain drink to your meal